



Rules for 1-2 Grade Basketball 23-2024

General rules

1. Jr size 27.5 ball provided
2. Officials and scorekeepers are working for our league, any questions or concerns contact the coordinator.
3. Players will be given new jerseys to be worn this season.
4. No jewelry or hats allowed.
5. Baskets to be lowered.
6. No refs in this league, coaches communicate best with players. Please correct issues when needed, stop the game and help kids understand what a foul is, encourage dribbling, etc.

Time regulations

1. The first 15 minutes of skills and development in shooting, passing, dribbling, and defense.
2. The second 45 minutes spent playing an organized game. Two 18-minute halves will be played with a 5-minute halftime.
3. Substitutions at any break or interval.

Players

1. All players must play half the ball game.
2. No one can play the entire game unless there are not enough players.
3. Please strive for equal playing time.

Rules of play

1. 5 vs 5 regular play.
2. The score will be kept.
3. There will be no BACK COURT violations.
4. Defense CAN NOT guard until half-court. NO DOUBLE TEAMING.
5. MAN TO MAN defense only. Defend the same color wristband.
6. STEALING only on the PASS! NO STEALING WHILE THE PLAYER IS DRIBBLING.
7. Coaches, please stop and teach during the game.

Coaches Responsibilities

1. Strive to set an example of good sportsmanship, and have players do the same.
2. Be kind and courteous with the players, officials, coaches and fans.
3. Have FUN